

# 相撲部屋見学 注意事項

## 注意事項

Please keep in mind following precautions when you visit sumo stables.

### 1 相撲部屋は真剣勝負の場なので、敬意を表すること

A sumo stable is not a facility for tourists. Sumo wrestlers are practicing very hard and seriously every day. So please don't forget to show respect to the stable master and wrestlers.

### 2 動かず黙ってみること

Please watch the practice quietly and do not move around in the stable.

### 3 私語厳禁

Please do not talk in the stable. Even your whispering voice may disturb the wrestlers.

### 4 土俵や土に立たないこと

Please don't stand on the ring or on the sandy ground. The ring is the sacred place for the wrestlers.

### 5 靴を脱ぎ、畳敷きのスペースに座ること

At the entrance of the stable, please take off your shoes and step onto the tatami floor (rush mat floor). Then sit on the floor.

When you sit on the floor, please cross your legs and don't stretch your legs toward the ring. It is considered impolite to show the soles of feet to the wrestlers.

### 6 帽子やサングラスを取ること

Please take off your hat and sunglasses inside the stable.

### 7 禁煙・飲食禁止

Inside the stable, you are not allowed to eat or drink or smoke. So please keep in mind "No food, no drink and no chewing gum and candies."

**8 写真撮影は座ったままの状態のみ可で席の移動はできない**

**必要以上のフラッシュ禁止**

**モーター音・シャッター音のうるさいカメラは不可**

You can take photos during the practice but you are not allowed to stand up or move around.

Please do not use flash more than necessary and do not use cameras with a loud motor and shutter sound.

**9 携帯電話の電源は切ること**

Please turn off your mobile phone.

**10 稽古見学の途中退席は、なるべく避けること**

Once you start watching practice, you are supposed to stay until the wrestlers finish their practice. So please try not to leave the stable during the practice.